Researchers can use intersectionality theory to better understand barriers faced by multi-marginalized groups in sport.

The Many Aspects of Identity

Intersectionality in Sport Research

The most-studied intersections of identities in sport research are
- Sex x Race
- Sex x Race x Religion
- Sex x Race x Sexuality

Methodologies in intersectional research
- Qualitative Studies: Account for 96% of current studies on intersectionality in sport. More quantitative studies are needed.
- Multiplicative Statistical Models: Better predict sport participation than additive models of analysis.

Studying a wider variety of intersectional identities in sport, including body shape, disability, and immigration status can improve understandings of sport in populations.

Thorough operationalization of intersectionality theory is needed to properly study the complex social structures that drive inequalities in sport.