Best Practices from the Alberta Women in Sport Leadership Impact Program

Community of Practice (CoP) Structure

- Focus on practical skill development
- "Pod" groupings between mentors & leaders to develop specific equity-focused projects in communities
- Face-to-face & digital seminars
- Flexibility to members' schedules and digital platform preferences is key in enhancing benefits of the program
- Focus on individual projects
- Continuous evaluation maximizes the impact of leadership programs

Program Details

- 12 Sport Leaders
- 6 Industry Mentors
- 2.5 Years

Lessons Learned

- Create buy-in/opt-in opportunities
- Flexibility to members' schedules and digital platform preferences is key in enhancing benefits of the program
- Focus on individual projects
- Continuous evaluation maximizes the impact of leadership programs